LONDON MEDICAL EXCHANGE

OET®

INTERNATIONAL MEDICAL NURSE LICENSING ENGLISH EXAM PREPARATION WITH OET

Lv. 1

Convenient Empowerment of Knowledge for Healthcare Professionals

OET is a globally recognised medical English exam which allows non-English speaking nurses to apply for nurse licences in English speaking countries and/or work inside private English-speaking hospitals. OET is preferred by nurses worldwide with its specific use of medical terminology compared to other English exams.

Overview

OET has test centres globally.

Your OET course will be taught in English by a highly qualified OET teacher from the United Kingdom. The course will be delivered over Zoom at a convenient time outside normal working hours.

Level 1 Entry requirement:
CSE 4 / IELTS 4 / B1

Scan QR code and complete the online English evaluation to check your current English level. If your English level is higher than Level 1 entry requirement you can move straight to Level 2 or Level 3.

Total Score	Level	CEFR level
0-9	Beginner	A1
10–19	Elementary	A1+ to A2
20–29	Pre-intermediate	A2 + to B1
30–39	Intermediate	B1
40–49	Upper-intermediate	B2
50–60	Advanced	C1

Level 1 is for those who can already understand and communicate in simple sentences in familiar situations, such as travel, work and family.

On this course, you build a foundation in the English you need for OET.

- Learn nursing language skills, including communicating with patients and colleagues, medical terms, and hospital-specific language.
- Build your vocabulary, grammar and pronunciation.
- Develop your healthcare listening, reading, writing and speaking skills.
- Become familiar with the OET test and how to prepare for it.

Key Features

- 20-week study programme
- Delivered online and available worldwide
- 60 hours' live teaching with an OET specialist
- 2 dynamic, interactive lessons a week
- 100 hours' self-study, available on mobile and PC
- Targeted homework and assignments
- Small classes (12 to 20 students)
- Prepares for advancement to Level 2 & Level 3 courses

Week 1

- Introducing yourself and welcoming a patient
- Checking patient information, patient admission form
- Patient confidentiality
- People and places in a hospital, safety briefs
- Managing a visitor in a care home

Week 2

- Taking patient observations, completing observations charts – blood pressure, pulse, EWS
- Using the present simple in healthcare
- Using the present continuous in healthcare
- OET Nursing – introduction and overview
- Language review

Week 3

- Medical terminology
- Talking about meals
- ADLs: helping with mealtimes
- Completing a fluid balance chart
- Preventing dehydration

Week 4

- Height, weight, malnutrition, MUST charts
- Using articles correctly
- Giving instructions, using imperatives in healthcare
- OET Listening – format, task types, how to prepare
- Language review

Week 5

- Talking about incontinence
- Urine output, doing a urine dip
- Assisting patients with toileting, ostomies
- Talking about constipation
- Bowel charts, laxatives

Week 6

- Types of medication
- Describing how things are shared and divided
- Describing quantities and amounts
- OET Listening – building study skills
- Language review

Week 7

- Mobilising elderly patients
- Rehabilitation after injury
- Fractures, taking care of a plaster cast
- Mobility aids, helping a patient after a hip operation
- Patient handling, equipment, completing a patient handling plan

Week 8

- Using adverbs of frequency
- Using the present perfect in healthcare 1
- Using the present perfect in healthcare 2
- OET Reading – format, task types, how to prepare
- Language review

Week 9

- Pressure ulcers
- Managing pressure ulcers
- Log rolling a patient
- Using adjectives effectively
- Using comparatives and superlatives in healthcare

Week 10

- Intentional rounding
- Pressure ulcer assessment tools, Waterlow chart
- Using the past simple in healthcare
- OET Reading – building study skills
- Language review

Week 11

- Talking about falls, slips and trips
- Types of injuries and treatments
- Wounds and dressings
- Using enough, too, so, such in healthcare

Week 12

- Dealing with a patient who has had a fall
- Falls prevention, completing a risk assessment chart
- Using the past continuous in healthcare
- How to approach OET Writing
- Language review

Week 13

- Gerontology and ageing, associated legal and ethical issues
- Dementia in the elderly
- Parkinson's disease
- Giving advice and making suggestions
- Making offers and requests

Week 14

- Talking about osteoporosis
- End of life care provision
- Describing ability and possibility
- OET Writing – letter types
- Language review

Week 15

- Infection cycle and contagious diseases
- Body temperature, taking a patient's temperature
- Chest infections
- Talking about the future in healthcare - be going to
- Talking about the future in healthcare – future simple (will)

Week 16

- Hospital acquired infections and their prevention
- MRSA, MRSA swabs
- Describing necessity and obligation
- OET Speaking role plays – all you need to know

Week 17

- Types of pain, discussing pain
- Pain behaviours, pain scales
- Asking about pain
- Asking questions in healthcare 1
- Asking questions in healthcare 2

Week 18

- Offering pain relief
- Chest pain, angina and cardiac arrest
- Chronic pain, giving a handover
- OET Speaking – essential language to learn
- Language review

Week 19

- Talking about mental health
- Discussing depression
- Confusion in the elderly
- Using the past perfect in healthcare
- Using reflexive pronouns in healthcare

Week 20

- Drug and alcohol misuse
- Dealing with challenging behaviour
- Prepositions of location and movement
- Language review
- End-of-course review

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